



INJECTION PAIN BLOCKER TOOL

INSTRUCTION MANUAL



Injections can be uncomfortable. The worry often starts before the needle even does.

This Injection Pain Blocker is a simple, reusable tool designed to help reduce the sting and stress that can come with injections and needle pokes. By applying firm, gentle pressure to the skin just before and during an injection, it helps distract the nerves so the brain focuses more on touch and pressure rather than pain.

Made from soft, flexible TPE material, the blocker sits comfortably against the skin and features a small central opening so the needle can pass through without obstruction. The textured surface spreads sensation across the area, which many people find helps make injections feel quicker, calmer, and easier to manage.

It's a practical support for people of all ages, whether injections are occasional or part of a regular care routine. Small enough to keep in a first aid kit or travel bag, and easy to clean between uses.

Great for:

- Reducing the sting of injections and needle pokes
- Supporting calmer injection experiences for people who feel anxious around needles
- Children, teens, and adults
- Home injection routines or regular medical care
- Clinics, healthcare teams, and support workers
- Reusable use for ongoing care needs
- Travel kits, first aid kits, or on-the-go medical care

Features:

- Textured surface designed to distract nerves through pressure
- Uses pressure-based sensory distraction to reduce pain perception
- Small central opening allows the needle to pass through easily
- Lightweight and easy to hold
- Reusable and easy to clean
- No batteries, chemicals, or adhesives
- Simple design that fits easily into daily routines



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Details:

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Material: TPE Plastic

Size: 7.1cm (L) x 5cm (H)

Weight: Less than 10 grams

Package Contains: 1x Injection Pain Blocker Tool

How to Use:

1. Hold the blocker with the textured side facing your skin
2. Position it over the injection site
3. Press firmly against the skin to apply steady pressure
4. Administer the injection through the central opening
5. Keep the blocker in place until the needle is fully removed

Care Instructions:

- Wash with mild detergent and warm water after each use
- Allow to air dry completely before the next use
- Clean thoroughly between different people
- Do not boil or sterilise using heat
- Store in a clean, dry place

Important Information:

- Suitable for use by more than one person when cleaned thoroughly between uses
- Use alongside professional medical guidance where appropriate
- Provides comfort support and does not replace medical pain management
- Always supervise use with children or when assisting someone else